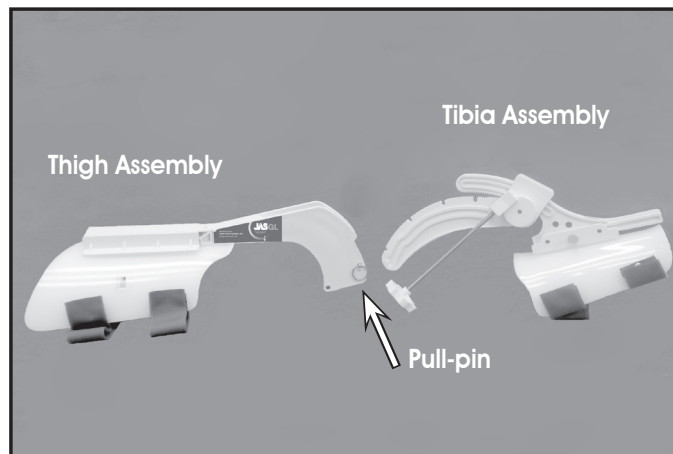


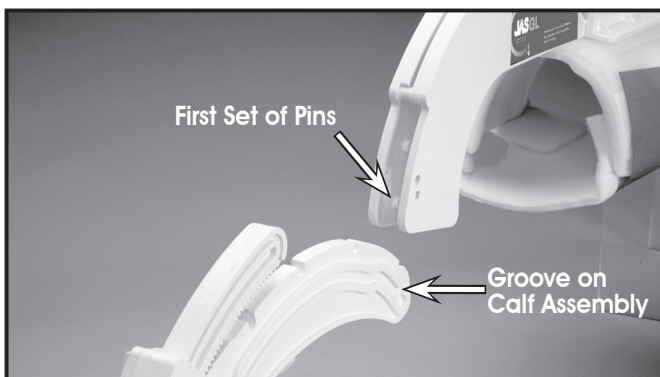
## ASSEMBLY INSTRUCTIONS

### PARTS LIST



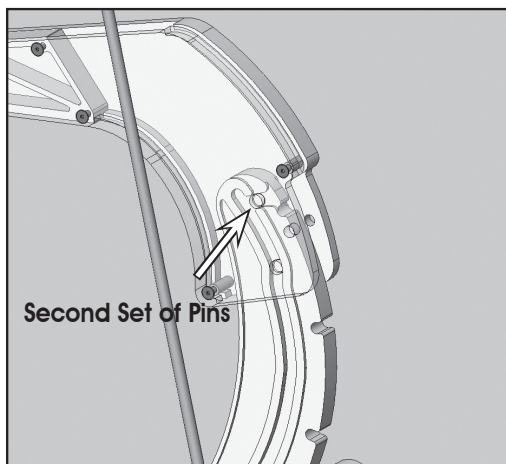
- Remove Pull-pin from Thigh Assembly.

### STEP 1:



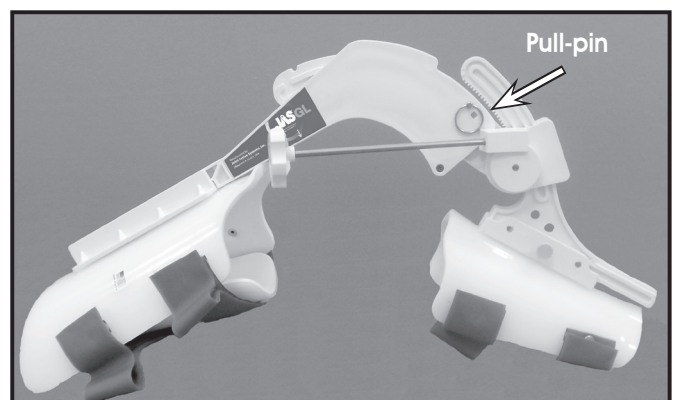
- Slide 1st set of pins on Thigh Assembly into the groove on Calf Assembly.

### STEP 2:



- Hook end of Calf Assembly over the second set of pins on Thigh Assembly.

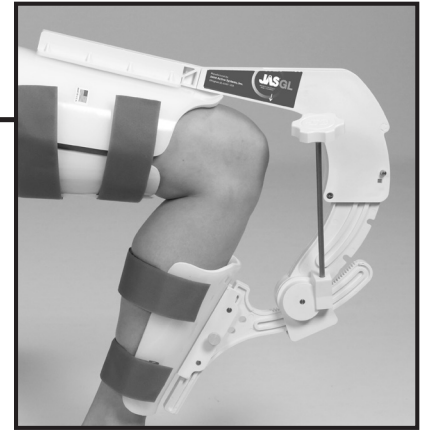
### STEP 3:



- Slide Thigh Assembly completely onto Calf Assembly.
- Replace Pull-pin.

# JASGL KNEE FLEXION

## FITTING INSTRUCTIONS



It is best to carry out your JAS GL Knee Flexion sessions in a seated position without a shoe on. Your foot needs to slide easily on the floor; placing a sock on your foot can help it to slide more easily during JAS device use.

### STEP 1: INITIAL SET-UP

#### CHOOSING & ADJUSTING PULL-PIN SETTING

- There are four pull-pin settings, which allow the GL Knee to move through four arcs of motion.

1 moves from 50° flexion to 80° flexion.

2 moves from 68° flexion to 98° flexion.

3 moves from 94° flexion to 124° flexion.

4 moves from 118° flexion to 148° flexion.

- Before each JAS session, choose the pull-pin setting that is closest to your comfortable end range of knee flexion.

**NOTE:** Most patients will begin therapy in setting 1 or 2.

#### ADJUSTING PULL-PIN SETTING IF DEVICE REACHES MOTION LIMIT



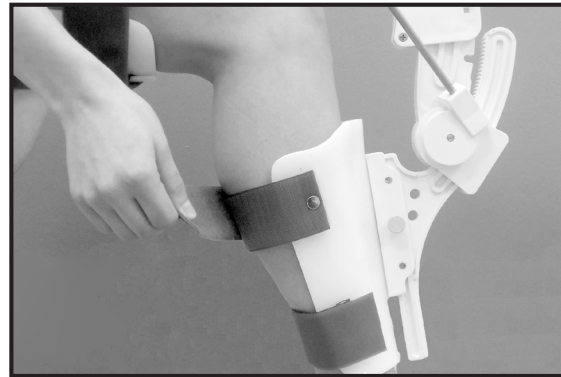
- Remove device from leg and remove pull-pin.
- Slide device apart until the next hole on the calf assembly lines up with the hole on the thigh assembly.
- Re-insert pull-pin.

### STEP 2: PLACE DEVICE OVER LEG

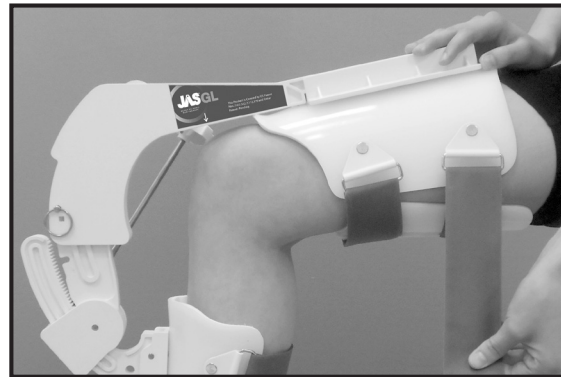


- Adjust device so that arrows on JAS labels are aligned over top of knee.
- Orient device so that turning knob is on right side of thigh.

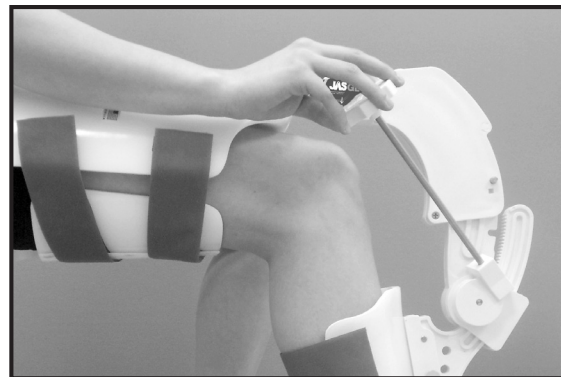
### STEP 3: SECURE THIGH AND CALF CUFF STRAPS (can be done in any order)



- Feed calf cuff straps through D-rings and secure comfortably snug.



- Pull and secure inner thigh straps comfortably snug.



- Pull and secure outer thigh straps comfortably snug.
- Begin treatment session by rotating therapy knob, following protocol outlined on back of page.