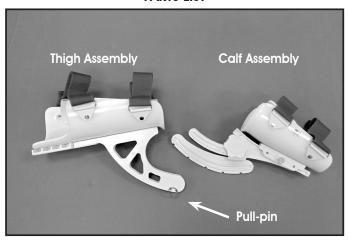


SGL KNEE EXTENSION

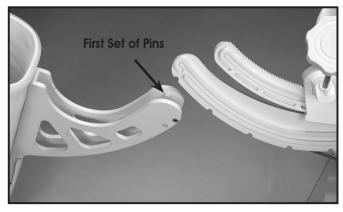
ASSEMBLY INSTRUCTIONS

PARTS LIST



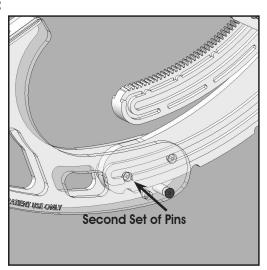
• Remove Pull-pin from Thigh Assembly.

STEP 1:



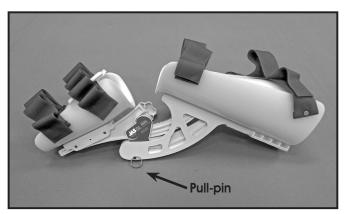
• Slide 1st set of pins on Thigh Assembly into the groove on Calf Assembly.

STEP 2:



• Hook end of Calf Assembly over the second set of pins on Thigh Assembly.

STEP 3:



- Slide Thigh Assembly completely onto Calf Assembly.
- Replace Pull-pin.

JASGL KNEE EXTENSION

FITTING INSTRUCTIONS

It is best to carry out your JAS GL Knee Extension sessions in a seated position, with a foot rest under your calf for support and comfort. If you choose to do so lying down, place padded support (pillow, towel roll, etc.) under your calf and ankle during use.

STEP 1: INITIAL SET-UP

CHOOSING & ADJUSTING PULL-PIN SETTING

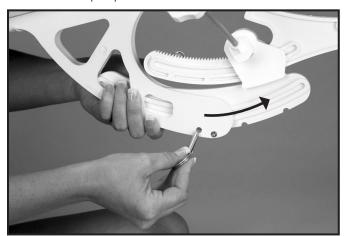
- There are five pull-pin settings, which allow the GL Knee to move through five arcs of motion.
 - 1 moves from 48° flexion to 14° flexion.
 - 2 moves from 38° flexion to 4° flexion.
 - 3 moves from 22° flexion to 12° hyperextension.
 - 4 moves from 10° flexion to 24° hyperextension.
 - 5 moves from 4° hyperextension to 38° hyperextension.
- Before fitting device, choose the setting that is closest to your comfortable end range of knee extension.

NOTE: Most patients will begin therapy in setting 1 or 2.

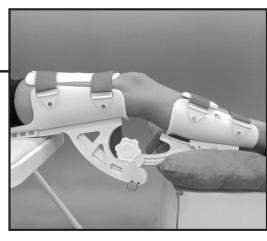
ADJUSTING PULL-PIN SETTING IF DEVICE REACHES MOTION LIMIT



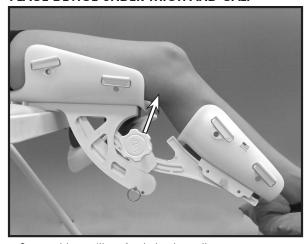
- Remove device from lea.
- Remove the pull-pin.



 Slide the device apart until the next hole on Calf Assembly aligns with the hole on Thigh Assembly. Reinsert pull-pin.



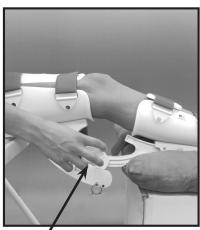
STEP 2: PLACE DEVICE UNDER THIGH AND CALF



- Support leg with a foot stool or other means.
- Place device under leg, with d-rings located on inner side of thigh.
- Slide device up so that your entire thigh and buttock rest on thigh cuff.
- Adjust position of device so that the gear box is centered directly under knee joint.

STEP 3: SECURE THIGH AND CALF CUFF STRAPS





Therapy Knob

- Feed thigh and calf cuff straps through d-rings, pull back until cuffing is comfortably snug and secure.
- Begin treatment session by rotating therapy knob, following protocol outlined on back of page.