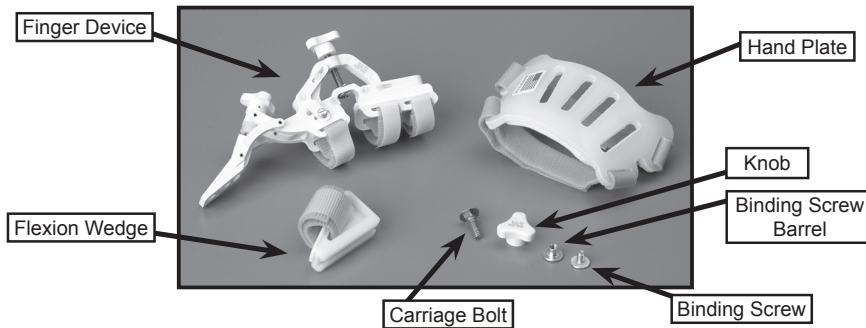


## FITTING INSTRUCTIONS



**NOTE:** The JAS Finger Device can be used on any of all four fingers by aligning the device to the desired finger and attaching the device to hand plate. To work multiple fingers one can attach additional devices, or relocate the device to the desired finger to be stretched.

- Parts included.



### STEP 1: ATTACH DEVICE TO HAND PLATE

**NOTE:** Correct hand plate application is with the straps to the "pinkie finger" side of the hand.

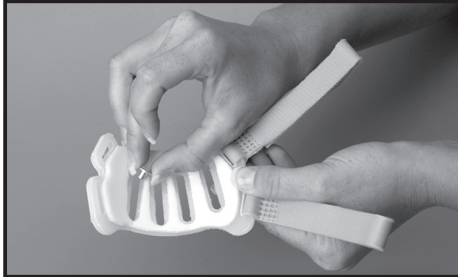


Fig. 1

#### Figure 1

- Insert the binding screw barrel into the bottom side of the selected hand plate slot.

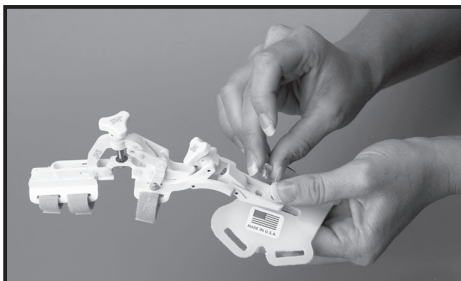


Fig. 2

#### Figure 2

- Align top hole on finger device over binding screw barrel.
- Secure finger device to hand plate with second half of binding screw. Do NOT fully tighten screw at this time. You will tighten during Step 3.

**IMPORTANT:** Be sure to attach device in the correct direction, so it extends from the distal end of the hand plate.

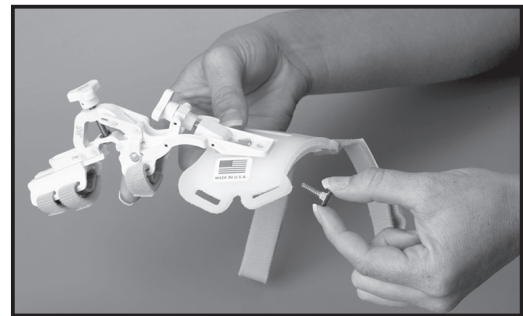


Fig. 3

#### Figure 3

- Insert carriage bolt into bottom side of slot and up through bottom hole of Finger Device.



Fig. 4

#### Figure 4

- Thread knob onto carriage bolt. Do NOT fully tighten bolt at this time. You will tighten it during Step 3.

**STEP 2:  
ATTACH HAND PLATE TO BACK OF HAND**

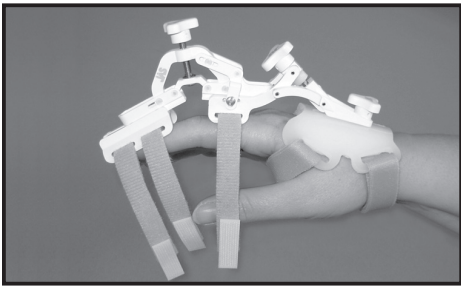


Fig. 5

- Center hand plate over back of hand, making sure it does not lie over MP joints.
- Feed hand plate straps through slots on the thumb side of splint and secure.

**STEP 3:  
APPLY DEVICE TO AFFECTED FINGER**

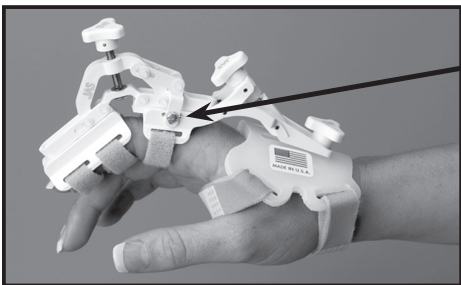


Fig. 6

**Figure 6**

- Align device so that MP and PIP joints are centered under corresponding device axis.
  - To align axis, device can be moved forward or back by sliding it along the slot in the hand plate.
- NOTE:** PIP joint axis position can be further adjusted by changing the screw hole positions (see arrow, figure 6) on either side of the proximal drive arm.
- Tighten binding screw and knob to prevent device from sliding along slot during use.
  - Secure finger straps.

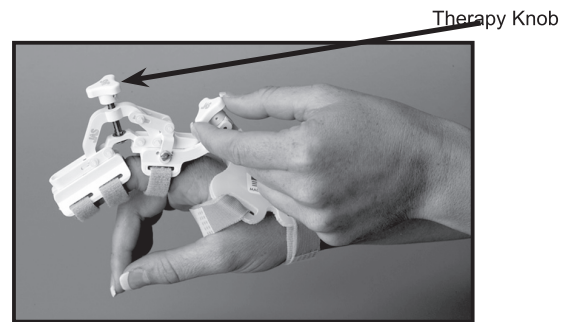


Fig. 7

**Figure 7**

- Adjust MP joint to desired angle by rotating MP knob. (Adjustable from 0°- 85°)
- Begin Treatment protocol by rotating therapy knob as outlined on back page.

## ATTACHING FLEXION WEDGE CUFF

The accessory flexion wedge cuff provides an additional 25° of PIP flexion, and replaces the distal cuff of the JAS device. **PLEASE NOTE:** When flexion wedge is in place, the device will be limited in extension ROM by 25°. If working in both PIP flexion and extension to regain ROM, you must change to the appropriate distal cuff for each session.



**STEP 1:  
REMOVE PROXIMAL CUFF**

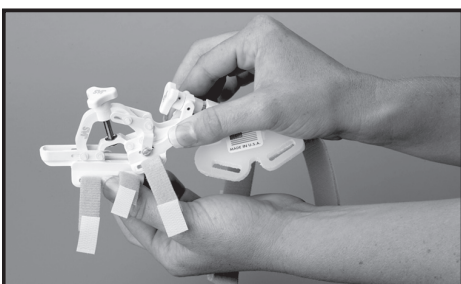


Fig. 1

**Figure 1**

- Adjust PIP ROM to maximum extension position. Open proximal cuff straps. Slide distal cuff towards center of device, and remove from distal drive arm.

**STEP 2:  
ATTACHING FLEXION WEDGE CUFF**



Fig. 2

**Figure 2**

- Slide extension wedge cuff onto distal drive arm.