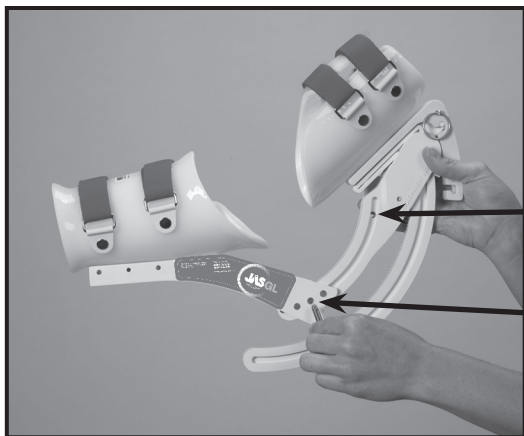


JASGL ELBOW DEVICE

FITTING INSTRUCTIONS

It is best to carry out your JAS therapy session in a seated and relaxed position. The base of the device can rest comfortably on your lap or to your side. You should not be up walking while wearing the device or during a JAS treatment session.

STEP 1: INITIAL FLEXION / EXTENSION PIN PLACEMENT



Extension

Flexion

- Prior to each JAS session, pull pin, slide drive arms to flexion or extension hole setting, and replace pin.

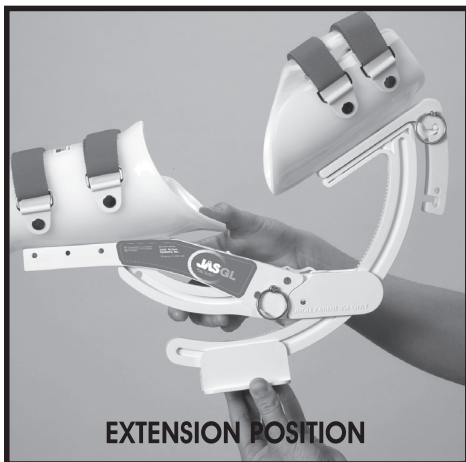


FLEXION

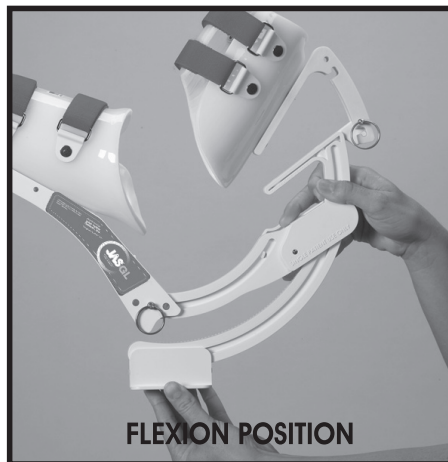


EXTENSION

STEP 2: POSITION WEDGE FOR FLEXION / EXTENSION USE

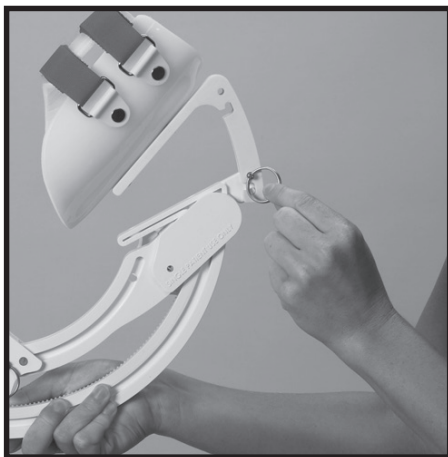
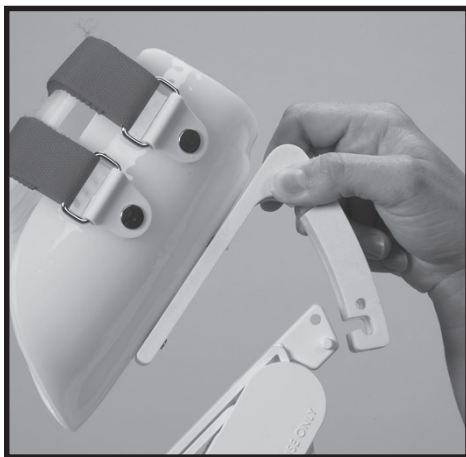


EXTENSION POSITION



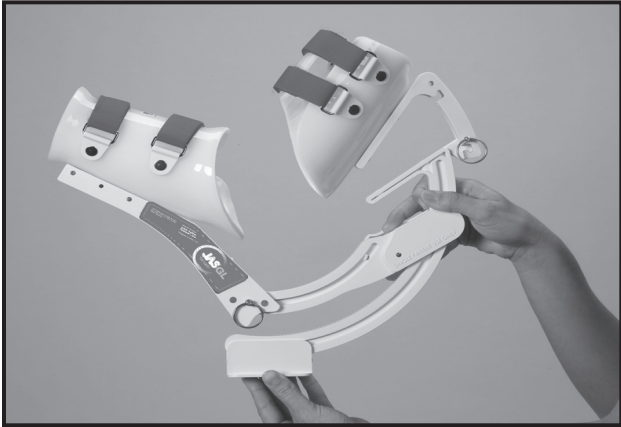
FLEXION POSITION

- Prior to each JAS Session make sure wedge is in correct position (either flexion or extension).

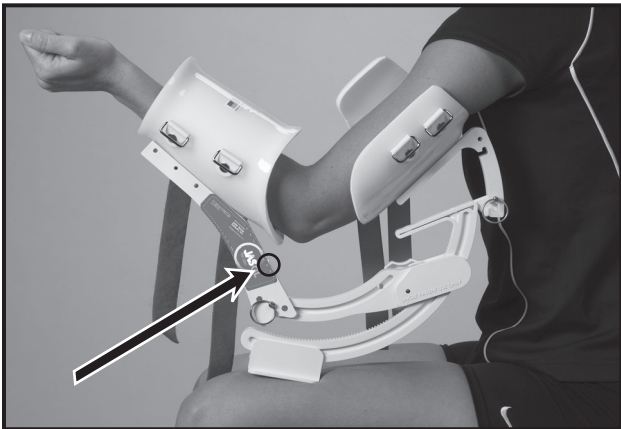


- To change wedge position from extension to flexion, remove pull pin and separate wedge/cuff component from device
- Re-attach wedge by inserting lower groove onto guide pins on device. Reinsert pull pin

**STEP 3:
PLACE ARM IN DEVICE & ADJUST TO START
POSITION FOR JAS SESSION**



- Attach clip-on stand to base. Rest stand on knee or table for stability while fitting device.



- Place arm in device; therapy knob should be on the inner side.
- Rotate therapy knob to adjust device angle until it matches your comfortable end range of motion.
- Align tip of elbow over fulcrum marker (see arrow).

NOTE: Forearm position (palm up or down) is optional. Choose position of comfort.

**STEP 4:
SECURE UPPER ARM CUFF STRAPS**

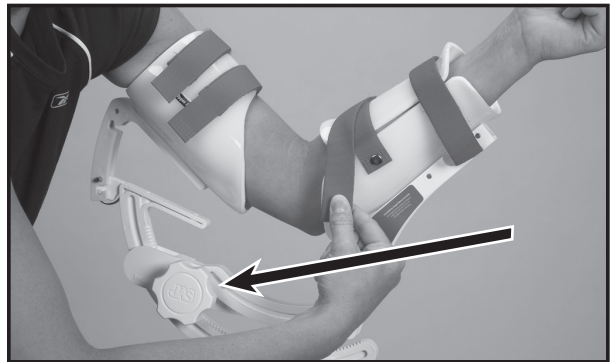


- Feed straps through D – rings on upper arm cuff and secure so that cuff fits comfortably snug.

**STEP 5:
ADJUST POSITION OF FOREARM CUFF & SECURE STRAPS**



- Loosen knob under forearm cuff, and slide cuff forward or back to comfortable position. Tighten knob.



- Secure straps on forearm cuff comfortably snug.
- Remove clip-on stand.
- Begin treatment by rotating therapy knob as outlined on back page.

IMPORTANT FOR FLEXION USE



When working in flexion beyond 95°, bunching in upper cuff or colliding of both cuffs may occur, preventing further flexion. To remedy:

- If using for Flexion only: Trim off front portion of upper cuff.
- If using for both Flexion & Extension: Loosen upper arm straps & move cuff out of way during flexion sessions.