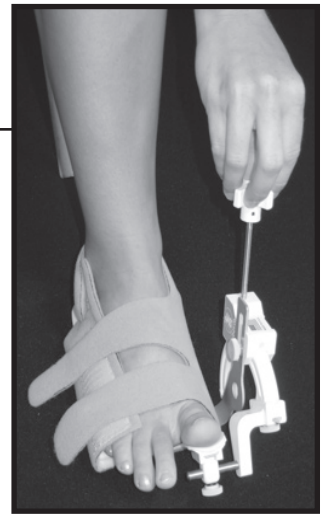


JASGL TOE DEVICE

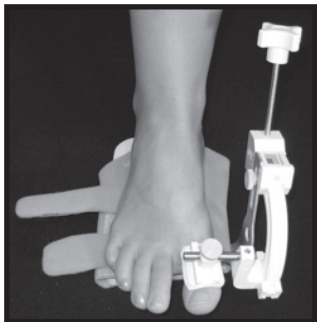
FITTING INSTRUCTIONS

Please take a few moments to read through these instructions. They cover fitting, usage and answer many questions.

NOTE: It is best to carry out your JAS therapy session in a comfortably seated position. If swelling is present, placing your foot in an elevated position is suggested. You should not be up walking during a JAS treatment session.

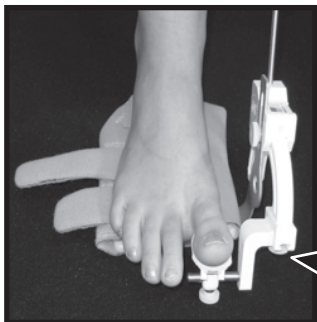


STEP 1: INITIAL DORSI-FLEXION / PLANTAR-FLEXION TOE PLATE ATTACHMENT



Plantar Flexion Position

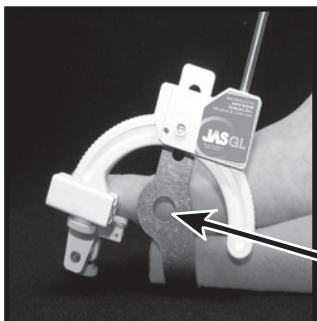
- Loosen and remove white knob at base of toe plate sliding mechanism.
- Slide toe plate mechanism off of its attachment, flip and re-attach.



Dorsi Flexion Position

Remove knob and flip toe plate

STEP 2: SECURE FOOT IN DEVICE



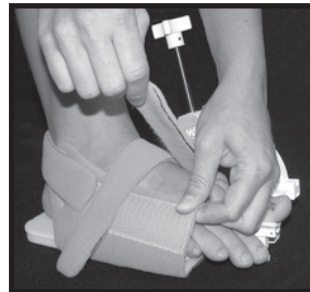
- Place foot on foot plate, making sure joint of the first toe is aligned with fulcrum of device (center circle on metal upright), and first toe clears foot plate.

Fulcrum



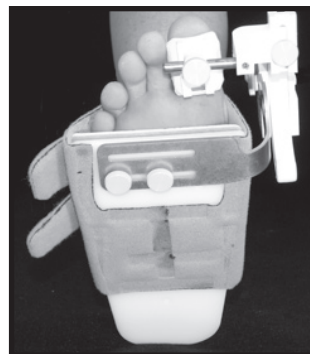
- Secure gray strap behind heel, comfortably snug.

Step 2 (continued)



- Secure the two gray foam straps across forefoot, comfortably snug. Make sure foot is in firm contact with foot plate with no lifting.

STEP 3: ADJUST WIDTH OF DEVICE (IF NECESSARY)



- Loosen knobs on undersurface of foot plate.
- Slide silver base plate to left or right as needed, so that there is adequate space between metal upright and side of toe joint.

IMPORTANT:

Loosen knobs only enough to allow plate to slide. Do not over loosen.

STEP 4: ADJUST FOR LENGTH / POSITION OF TOE PLATE

- Loosen knob at base of sliding mechanism and slide toe plate forward or back to proper position.
- NOTE: Toe plate should rest under base of toe when fit for dorsi-flexion, and over top of base of toe when fit for plantar-flexion.

STEP 5: ADJUST SIDE TO SIDE ALIGNMENT OF TOE PLATE

- Loosen knob directly under toe plate.
- Slide toe plate to left or right along rod until positioned in comfortable alignment with toe.

STEP 6: ADJUST HEIGHT POSITION OF TOE PLATE

- Loosen knob on the vertical adjustment slot of the metal upright, and slide toe plate up or down so that it is in solid contact with toe.

