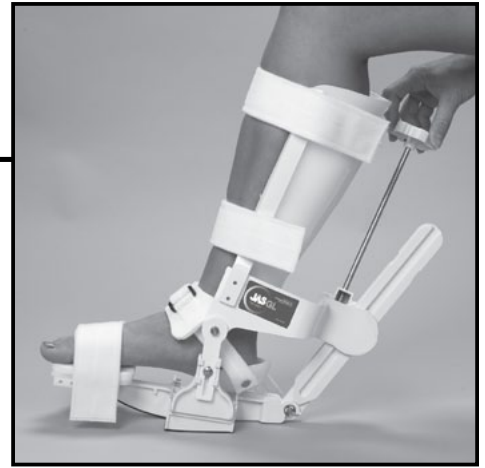


JASGL ANKLE

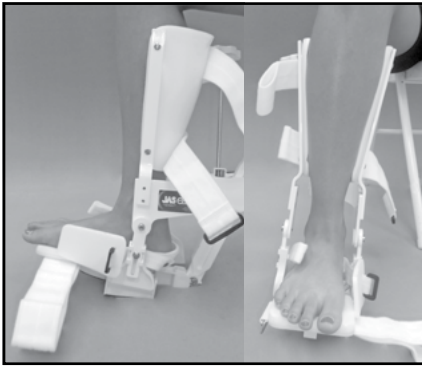
FITTING INSTRUCTIONS

It is best to carry out your JAS therapy session in a comfortable seated position. The device can rest on the floor or propped up on a stool with a pillow to give support.

DO NOT WALK OR STAND WHILE WEARING DEVICE



STEP 1: PLACE FOOT IN DEVICE



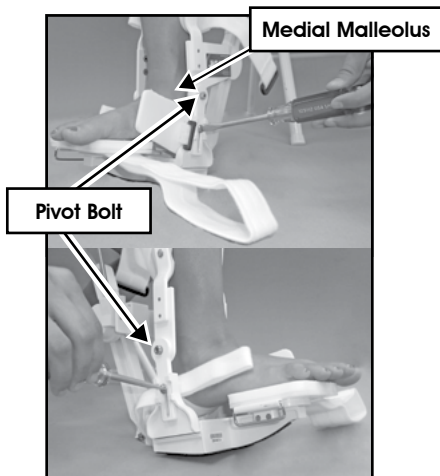
- Loosen all straps
- Adjust device angle to match your comfortable end range.
- Place foot firmly in device making sure back of heel is in contact with heel cuff.

STEP 2: ADJUST FOR FOOT LENGTH



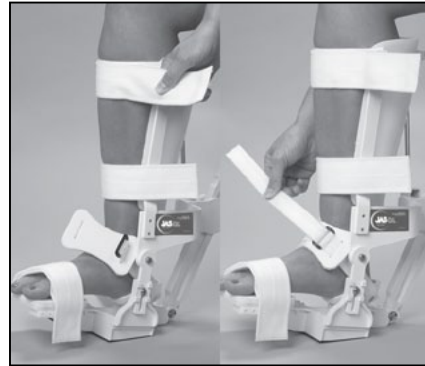
- Loosen knob on side of foot plate.
- Adjust foot plate so the foot plate strap lays across the forefoot just above the toes.
- Tighten knob.

STEP 3: ALIGN DEVICE WITH CENTER OF ANKLE JOINT



- Using a flat screw driver, loosen the screw located on both sides of the device.
- Raise or lower the device so the pivot bolt on side of device is located just below the Medial Malleolus (The bony protrusion located on inside of the ankle).
- Tighten screw.

STEP 4: SECURE STRAPS

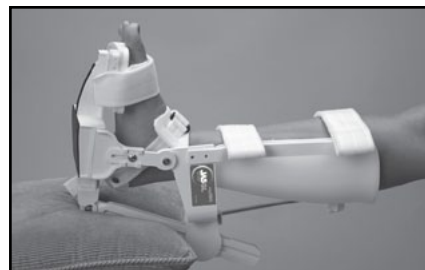


- Secure all straps so they are all comfortably snug.
- Be sure that the heel is resting against the bottom and back of the heel cuff.

STEP 5: BEGIN THERAPY



- **Dorsiflexion:** Rotate therapy knob "Clockwise".
- **Plantarflexion:** Rotate therapy knob "Counter-Clockwise".
- Begin treatment as outlined following the JAS GL Treatment Protocol or as directed by your physician or therapist.



- Device may be propped on a stool with a pillow to give support.