



THE ROM SPECIALISTS®

ADVANCE DYNAMIC® ROM - WRIST FLEXION ORTHOSIS

EASY FIT INSTRUCTIONS

BEFORE APPLYING ORTHOSIS:

- Check wrist and hand for any neurological or vascular changes.
- Check device to be sure that lock and lock safety are engaged.



TO APPLY ORTHOSIS:

- Unfasten or loosen all straps.
- Slide device onto arm with strut placed on outside of limb and tension spring centered at the wrist joint.
- Align the struts to the long bones of the forearm.
- Hand platform should rest on dorsal knuckles.
- Fasten and tighten straps. Straps should be snug enough for one finger to be inserted between the strap and skin.



FOR DYNAMIC TENSION:

- Swing lock lever safety away from lock lever.
- Disengage lock lever by slightly extending wrist.



TO INSPECT THE FIT:

- Check alignment and adjust straps for comfort.
- Check for any neurological or vascular changes.



TO REMOVE ORTHOSIS:

- Lock device into position by engaging lock lever safety with lock lever.
- Unfasten/loosen straps and carefully slide orthosis off arm.



ADVANCE DYNAMIC[®] ROM - WRIST FLEXION ORTHOSIS

RESTORE MOTION, RETURN TO FUNCTION



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