



THE ROM SPECIALISTS®

ADVANCE DYNAMIC® ROM - SUPINATION ORTHOSIS

EASY FIT INSTRUCTIONS

BEFORE APPLYING ORTHOSIS:

- Check arm for any neurological or vascular changes.
- Check device to be sure that lock and lock safety are engaged.



FOR DYNAMIC TENSION:

- Swing lock lever safety away from lock lever.
- Disengage lock lever by slightly rotating palm down.



TO INSPECT THE FIT:

- Check alignment and adjust straps for comfort.
- Check for any neurological or vascular changes.



TO APPLY ORTHOSIS:

- Unfasten or loosen all straps.
- Slide device onto arm with arm at 90 degrees and strut placed on outside of limb. Tension spring should be centered behind elbow joint.
- Make sure hand cradle is positioned just behind the knuckles.
- Fasten and tighten straps (upper straps first followed by hand cradle straps). Straps should be snug enough for one finger to be inserted between the strap and skin.

TO REMOVE ORTHOSIS:

- Lock device into position by engaging lock lever safety with lock lever.
- Unfasten/loosen straps and carefully slide orthosis off arm.





ADVANCE DYNAMIC[®] ROM - SUPINATION ORTHOSIS

RESTORE MOTION, RETURN TO FUNCTION



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