

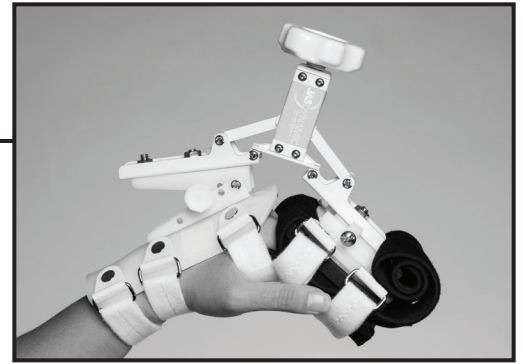


JAS DYNAMIC MCP

FITTING INSTRUCTIONS

It is best to complete your JAS therapy session in a comfortable seated or lying position.

DO NOT STAND OR WALK WHILE WEARING THE DEVICE

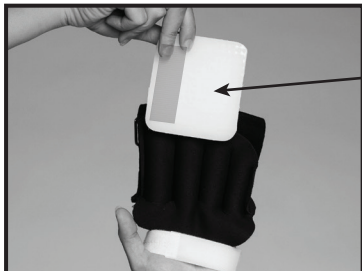
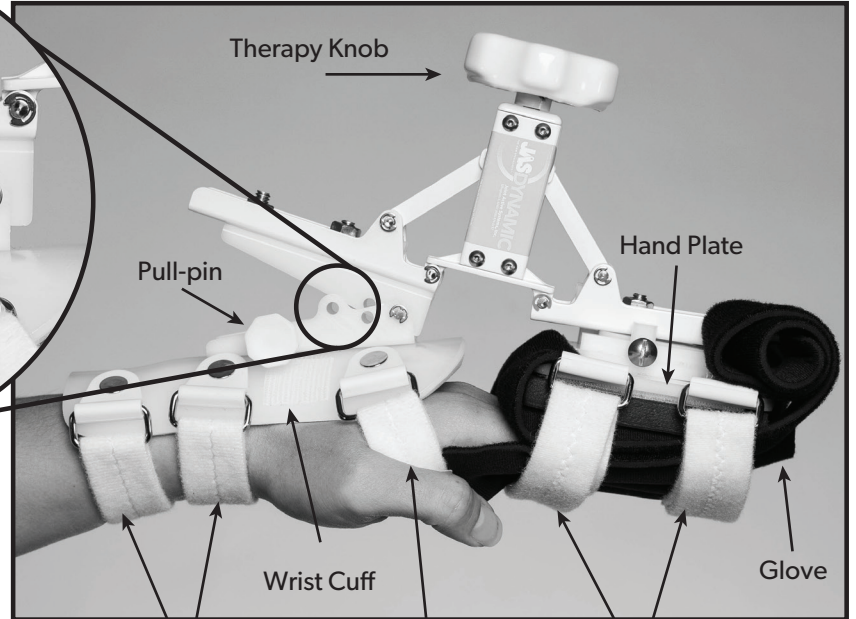
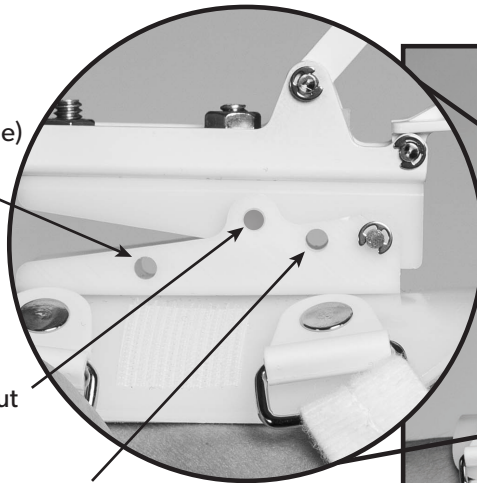


DEVICE SETUP

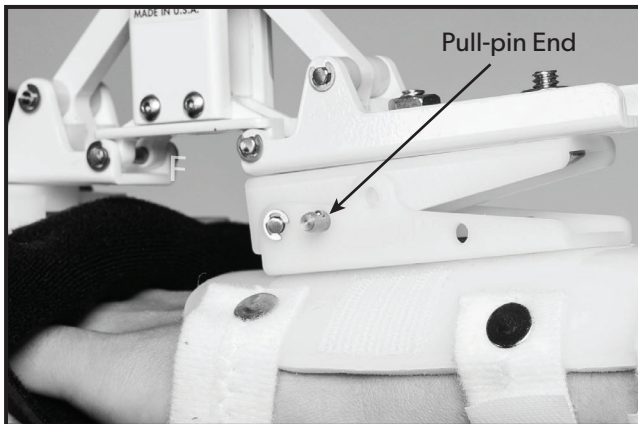
Dynamic Mode
(Pull-pin comes in this hole)

Dynamic Lockout
Flexion Hole

Dynamic Lockout Extension Hole



Extension Hand Pad:
Set aside if you are working flexion. For extension, this piece will be used in Step 5.



STEP 1: DETERMINE DIRECTION



- Insert the Pull-pin into the appropriate hole for the direction you are working. When the Pull-pin is inserted correctly, you should see the end coming through the hole on the opposite side of the device.

For Flexion: Remove the Extension Hand Pad. Attach the Flexion Hand Pad to the Hand Plate. The thicker side with the "F" should rest on top of your pinky finger.

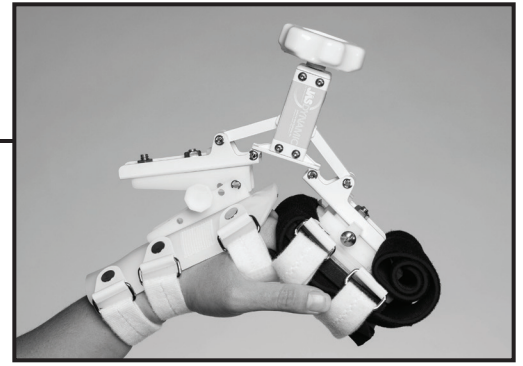


JAS DYNAMIC MCP

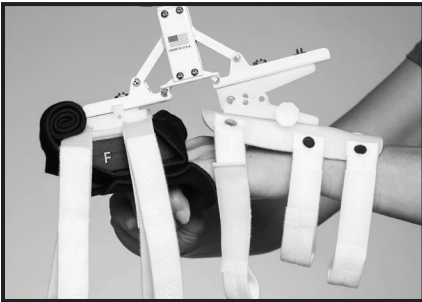
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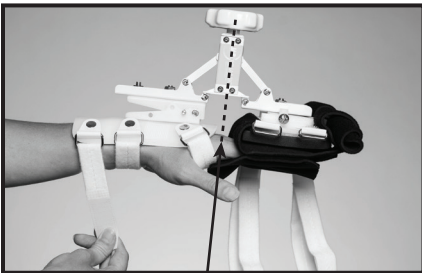


STEP 2: PUT ON GLOVE



- Slide your fingers into the Glove. Use the flap of material to help pull the Glove on securely.

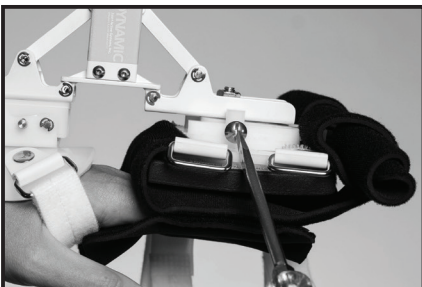
STEP 3: SECURE HAND AND WRIST STRAPS



MCP JOINT

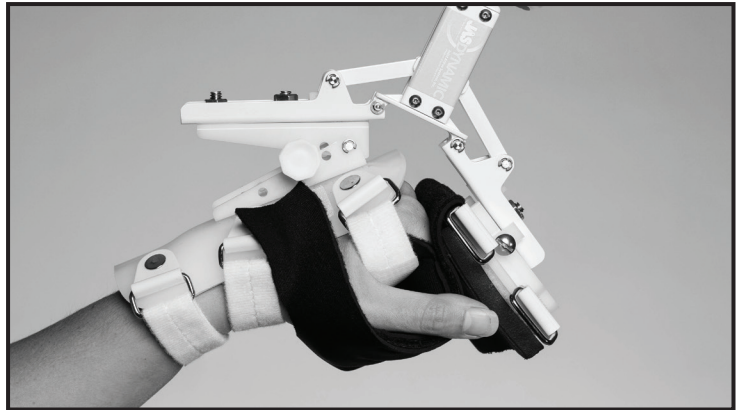
- The MCP Joint should be centered under the Therapy Knob.
- Secure straps comfortably snug.
- If uncomfortable, do not use the Hand Strap.

STEP 4: HAND PLATE ADJUSTMENT



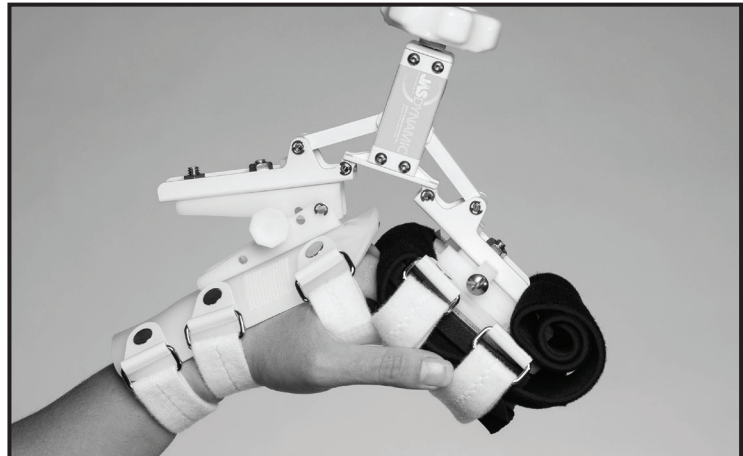
- Adjust the position of the Hand Plate so it is approximately 1/2" away from the MCP joint.

STEP 5: SECURE FINGER STRAPS



For Flexion, there are 2 ways to wear the Glove.

1. With your fingers in the Glove, create a fist and secure both ends of the glove to the self-fasteners on the Wrist Cuff.



2. If it's more comfortable, the fingers can remain straight and secured with the Finger Straps.

NOTE: The Glove may require trimming for a proper fit.

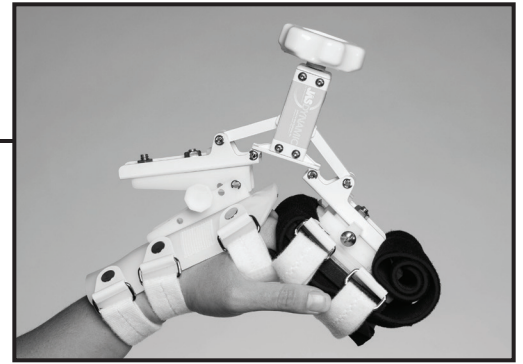


JAS DYNAMIC MCP

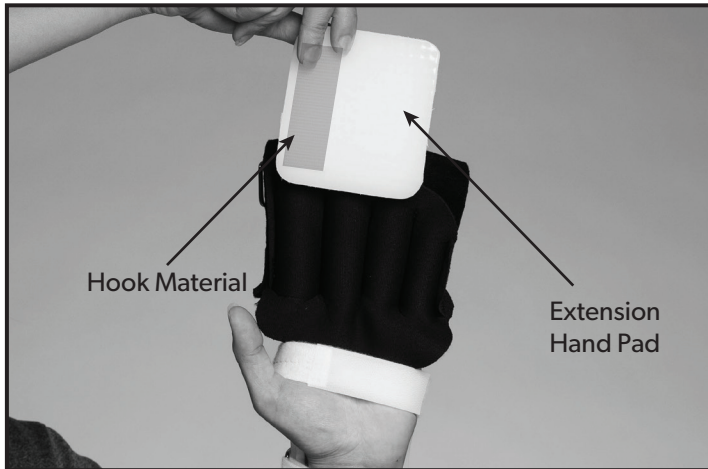
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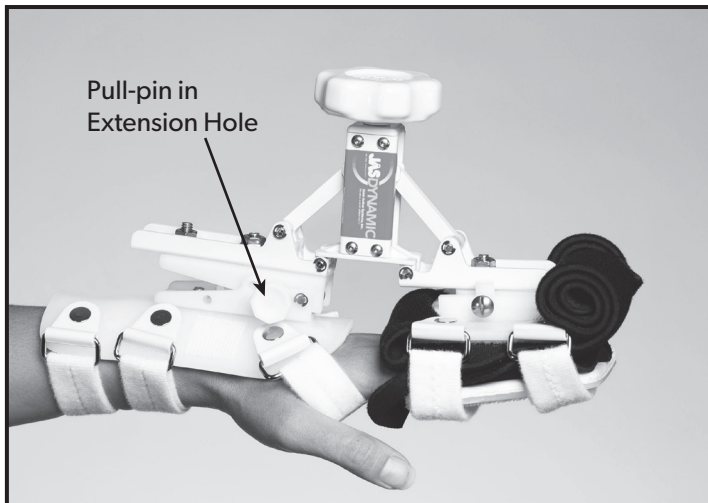
DO NOT STAND OR WALK WHILE WEARING THE DEVICE



STEP 5: SECURE FINGER STRAPS (cont'd)

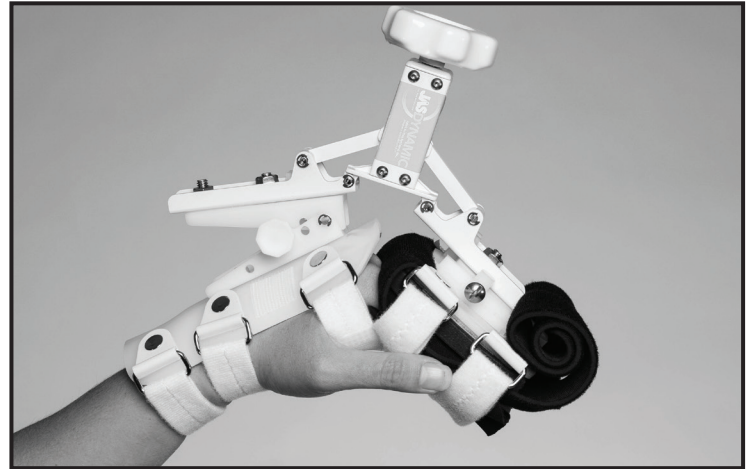


For Extension: Place the Extension Hand Pad on the palm side of the glove. The foam side will be touching the Glove, and the Hook Material should be placed vertically over the pointer finger. Once in place, secure the Finger Straps comfortably snug.



For Extension: Ensure the Pull-pin is in the Dynamic Lockout Extension Hole, and place the Extension Hand Pad on top of the Glove.

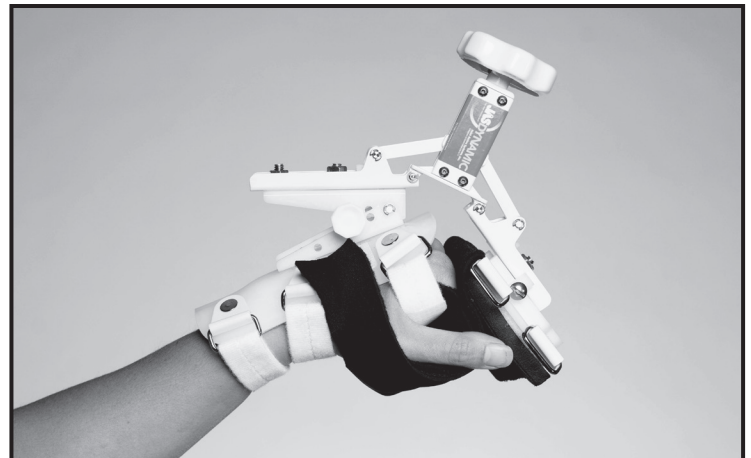
STEP 6: BEGIN TREATMENT



- Begin treatment by rotating Therapy Knob as directed by your physician or therapist.

NOTE: If too much pressure, reduce pressure by rotating the Therapy Knob in the opposite direction.

- At the end of your therapy session, release the pressure by rotating the Therapy Knob in the opposite direction, undo the straps, and remove the device.





JAS DYNAMIC™

RECOMMENDED TREATMENT PROTOCOL

Wear the JAS Dynamic device while inactive, preferably while sleeping. If you are unable to sleep in the device, wear the device as long as possible during the day. Time spent wearing the device is the most important component in regaining range of motion.

STEP 1: Determine treatment tension: Position limb at end of active range of motion *before* putting the JAS Dynamic device on. Rotate the therapy knob until you feel spring tension/resistance. Continue to rotate the therapy knob until you feel a low intensity stretch.

STEP 2: Determine treatment time: Maximum treatment time should be established by the patient's physician or therapist. Start with 1-2 hours of wear time and build up to 6-8 hours of continuous use per day.

- If during the treatment session the stretch intensity significantly decreases, turn the therapy knob until you again feel spring resistance / low intensity stretch.
- Decrease tension if unable to wear for extended periods of time.

STEP 3: Removing JAS Dynamic Device: When your session is complete, turn the therapy knob in the opposite direction until the spring tension is disengaged, then remove the device.

IMPORTANT

If you experience a change in swelling, sensation, or skin irritation, discontinue use and contact your physician.

TECHNICAL SUPPORT

Call JAS toll free between the hours of 8:00 AM - 5:00 PM CST at **(800) 879-0117** for technical assistance or questions regarding your JAS device.

DEVICE RETURN

This is a rental device. At the end of your treatment it is ***your responsibility*** to contact JAS to terminate billing and arrange for device return.



Joint Active Systems, Inc.

2600 South Raney • Effingham, IL 62401

TEL: (217) 342-3412 or (800) 879-0117

Email: info@jointactivesystems.com

www.jointactivesystems.com

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